

Chicago Fire Juniors presents...

MICRO LEAGUE SOCCER

In-house Program for players ages 5-7



For Players looking for more than recreational but don't want the commitment of travel

Program Description

CFJ's Micro League Soccer Program (MLS Program) professionally trains players ages 5-7 with CFJ professional staff coaches for 2 hours a week; 1 hour of training and 1 hour of games. The focus of the training is to teach players basic footskills, passing, receiving, and shooting technique. Chicago Fire Juniors' **Micro League Soccer** is great for recreational players seeking professional coaching without leaving their recreational team. All participation will take place at Seven Gables Park.

Game Day-- Fridays 4:30-5:30

Players will review the week's skills in the warm up before participating in 1 versus 1 games and 3 versus 3 games. The players will have the opportunity to use their skills in these games as well as develop their general understanding of the game through playing. These invaluable repetitions provided the player many touches on the ball as well as many chances to dribble, pass, and score.

Training Day--Wednesdays 4:30-5:30

Coaches will teach players the basic skills when attacking a player on the dribble, passing, and finishing. This session will include the skill instruction, repetition, and a game where the skill is encouraged. Players can register for the full program (training and game day) or just the game day.



Schedules April 14-May 21

Time	Event
5:00-6:00 (WED)	Training
5:00-6:00 (FRI)	1v1 and 3v3 Games
<input type="checkbox"/> \$150	For both days a week
<input type="checkbox"/> \$75	Game day only

Check programming selection above. Please return entire form to CFJ Office.

Chicago Fire Juniors Micro League Soccer Registration

Phone: (630) 245-8502
 Fax: (630) 245-8503
 Email: rfrench@chicagofirejuniors.com



Name _____
 Address _____

 Email _____
 Phone _____

Method of Payment

Check MasterCard
 VISA

Credit Card # _____ Exp. date _____
 Signature _____

Player's Name _____ Date of Birth _____

I hereby give permission and certify my child is in good health and able to participate in all soccer activities. I release all staff, coaches, and others associated with Chicago Fire Juniors of all liability for injuries or illness incurred by my child during play. In case of emergency, I grant permission for my child to be given treatment at a local hospital.

Subtotal: _____
 \$10 CC fee: _____
 Total: _____

Mail to CFJ Office: 1250 E. Diehl Rd. Suite 301 Naperville IL 60563