



# THE RED READER

THE NEXT GENERATIONS' NEWSLETTER



CHICAGO FIRE JUNIORS



February 2008

www.chicagofirejuniors.org

ISSUE 1

(630) 245-8502

### News briefs...

Spring 2008 programming is available this month on Naperville and Wheaton Park District Websites.

Dyer Indoor Area in Dyer Indiana named new CFT location.

Cadet and First Touch enrollment reaches its highest total in program history.

Did you know we will send your child a birthday card? Make sure to send us their birthday or include it on the sign up form.

Chicago Fire Juniors is renovating its website! Check out the youth development section.

Do you want to be a CFJ player? Contact us!

### Catching up with CFJ thru February...

**Orlando, FL-** U15 Boys Red team placed 4<sup>th</sup> in the USYSA National League reclaiming a birth for next years national league... **Memphis, TN-** U14 Boys Red, U12 Girls Red, U11 Girls Black all placed second at the Germantown Invitational Tournament... **Lake Buena Vista, FL-** two CFJ alumni were on the Wheaton College women's soccer team that won is second straight Div. III national title and is 45 games undefeated. **CFJ alumni** Bethany Barton won her second straight Defensive MVP of the Tournament award and was named a second team All-American. **Chicago, IL-** Chicago Fire Academy coach Louis Mateus joins U14 National team, assistant coach Tony Kees named HS boys Coach of the Year. **Academy forward** Brad Horton named HS Player of the Year. **Orlando, FL-** 7 Academy players named to Region II roster to compete at Disney World.

### Is this soccer?

Body Part Tag

Some parents may look at the activities and wonder what does this have to do with soccer? This week were going to take a look at tag and its importance in CFT. Body Part tag improves players awareness, challenges their coordination, and teaches them to be comfortable with contact within the game. Players enjoy this activity as they freely run around, but most importantly it's the beginning steps of agility. They are challenged to dodge tags in addition to go after them as well. This body control fuels athleticism and confidence in their ability to just play.

### Class in Focus

First Touch (Naperville) 10:00-11:00



Players have been having fun while learning how to dribble and score. The class is run by CFJ ADOC/ CFT Coordinator Ryan French.

### Training Tip

Home Activities

**Soccer M**... people... players at all levels and... do... players start with soccer... next... Player one begins by... the ball... Player two tries to connect... ball with player one's ball in one kick. Player three tries the same as... player one's attempt. A... is awarded for each... our ball hits the other... ball. Hint: smash... far... so... their turn is... order!

### Parents' Section

"What can I do?"

Work with your players at home! Don't have their only contact with the ball be at class. The more touches on the ball, the more comfortable they will become with it. Furthermore, parents are a child's number one influence, get them excited about an activity and your returns will be greater for yourself and your player.

